

If

(after the poem by Rudyard Kipling)

for Flute and Piano

by Stephen Hill (ASCAP)



*“If you can keep your head
when all about you are losing
theirs and blaming it on you:”*

SARAHTIM



Music Publishing
(Stephen Hill)



About the Work...

Composed in 2007, *If*, was written at the request of Peter Alexander (Alexander Publishing) and is part of a larger project of Solo Compositions written for each major instrument of the Orchestra: Flute, Oboe, Clarinet, Bassoon, Horn in F, Trumpet, Trombone, Tuba, Violin, Viola, Cello and Double Bass. The project consisted of composing music for specific poems chosen by Peter that he felt reflected the character of each instrument. For the Solo Trombone, the poem assigned was *If* by Rudyard Kipling.

***If* by Rudyard Kipling**

*If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or being lied about, don't deal in lies,
Or being hated, don't give way to hating,
And yet don't look too good, not talk too wise:*

*If you can dream -- and not make dreams your master;
If you can think -- and not make thoughts your aim;
If you can meet with Triumph and Disaster
And treat those two imposters just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build 'em up with worn-out tools;*

*If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breathe a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!"*

*If you can talk with crowds and keep your virtue,
Or walk with kings -- nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run --
Yours is the earth and everything that's in it,
And -- which more -- you'll be a Man, my Son!*

Website: <https://www.stephenhillcomposer.com>

Soundcloud: <https://soundcloud.com/sarahtim-music/if-for-trombone-and-piano>

About the Composer...

Stephen Hill (b.1958) was born and raised in Southern California. His compositional lineage includes the likes of Roy Harris, Ingolf Dahl, Clifton Williams, Bernard Rogers and Howard Hanson through study with Philip Westin (Cerritos College, 1976-1978) and most notably with W. Francis McBeth at Ouachita Baptist University in Arkadelphia, Arkansas (1978-1980). Stephen continued with graduate work at California State University, Los Angeles (1980-83) with composers Dr. Byong Kon Kim and William Hill. He composes for the simple joy of it.

For over 40 years, Stephen taught K-12 instrumental music concurrently in both the Private Christian School (Whittier Christian) and a Public School (California High School) settings. Though semi-retired, Stephen still works with students by continuing to teach part-time at California High School and maintaining his private music studio, where he plays and teaches Woodwinds, Brass, Strings, and Piano. Stephen also plays with the church orchestra at Calvary Chapel, La Habra, Ca. where he attends. When teaching full-time, he was primarily a "summer" composer. No longer teaching full-time, Stephen has the privilege to compose beyond just the summer months and publishes through his company, SARAHTIM—a title which comes from simply combining the name of his daughter Sarah and son Timothy.

SARAHTIM Music Publishing

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Amazing Grace - *“Very rarely will anyone die for a righteous man, though for a good man someone might possibly dare to die. But God demonstrates His own love for us in this: While we were still sinners, Christ died for us.”*
(Romans 5:7-8 NIV)

If

"If you can keep your head when all about you are losing theirs..." Rudyard Kipling

Stephen Hill (ASCAP)

With energy and conviction ♩. = 80

Flute

Piano

Fl.

Pno.

Fl.

Pno.

PERUSAI SCORE